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Welcome

TO INFINITY REHAB

I am glad you are interested in becoming a part of our team of passionate, hardworking individuals. Together we can make a difference in people's lives. Our mission is to set the standard in rehabilitation for successful aging by delivering the best of science with the art of caring. Everyone throughout **Infinity Rehab** upholds this mission each day in how we serve our patients and those we work with.

I look forward to you joining the **Infinity Rehab** team. You will truly impact people's lives and we want to give you the education and experiences you need to excel in your career. We offer programs to help you advance in your clinical practice, gain leadership skills, and more. We encourage all our therapists to take advantage of these opportunities.

Our vision is to be the first choice for high-value rehabilitation in every home and community. At **Infinity Rehab**, we love what we do and by joining our team, we know you will share that same passion.

Thank you for choosing **Infinity Rehab** and I look forward to meeting you.

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Founded and **led by a team of therapists,** we know firsthand what it takes to run a successful rehabilitation department and support our clinicians. Based in Tualatin, Oregon, we provide over **1.7 million patient visits per year across 18 states.**



JAN 2020-JAN 2021

To set the standard in rehabilitation for successful aging by delivering the best of science with the art of caring



To be the first choice for high-value rehabilitation in every home and community

CORE VALUES

- → Lead with courage
- → Pursue the extraordinary

- → Boldly innovate
- → Empowered together
- → Obsessed over outcomes













INNOVATION, NOT EMULATION

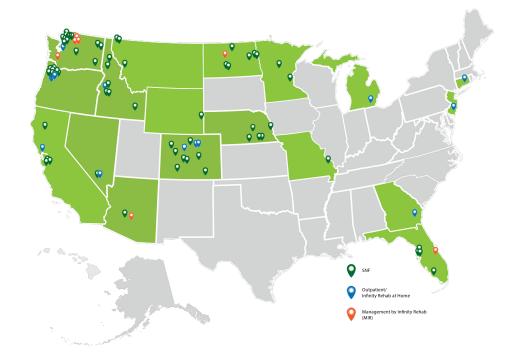
Infinity Rehab uses demonstrated quality improvement models to succeed in improving outcomes. We are revolutionizing the delivery of therapy services through evidence-based research and optimizing added value for true patient-centered care.

Our Quality Innovations Team (nationally recognized clinicians) leads evidence-based pilot studies focused on standardizing practices, increasing therapeutic intensity, and examining aggregate patient data for deeper insights into care delivery and outcomes. Our work to advance rehabilitation care practices has received regional and national attention.

A COMPANY OF LIFELONG LEARNERS

Since 2006, **Infinity Rehab** has hosted thousands of clinicians at our annual Symposium conference. Attendees learn from industry leaders about cutting-edge clinical practices, develop key leadership skills, earn contact hours, and network with peers.

Our clinicians have free access to thousands of courses through CEU360.



50.1K

Lives enhanced

98.9%

Of employees would recommend **Infinity Rehab**

IK Employees

~100 Locations nationwide

18 States

*2024 data













INDUSTRY LEADERSHIP



MIKE BILLINGS

MS, PT, DHSC, CEEAA,

President

Adjunct professor and former OPTA,

NASL, and NARA board member



MS, CCC-SLP,
Vice President of Operations
National Association of Rehab
Providers & Agencies, West Regional
Coordinator



PATTY SCHEETS
PT, MHS, DPT, NCS, Vice
President of Quality and
Compliance
Academy of Neurologic Physical
Therapy, President

WE INVEST IN YOU



Infinity Rehab offers mentorships for new graduates or new clinicians to the setting. Clinicians are paired with an experienced therapist to support them through their first 90 days.



Become a Clinical Champion at **Infinity Rehab!** This program helps clinicians identify and develop core behaviors essential to clinical practice at **Infinity Rehab.**



This year-long experience transforms employees into high-functioning leaders through onsite and distance learning.



The academy is a six-month virtual immersion into the best-evidence elements of care which constitute the **Infinity Rehab** Clinical Model.



Infinity Rehab offers more than 200 student rotation opportunities each year across several regions.

















IMMERSE IN OUR CULTURE!

90-DAY IMMERSION

We'll help you get started at **Infinity Rehab** – from team introductions to getting to know the tools to finding out how you can grow your skills with us. We're there every step of the way.

HOW DOES THIS HELP ME?

- → Feel strong support as you join our team
- → Bond with your supervisor and team
- → Get to know **Infinity Rehab** and our values
- → Immerse yourself in our culture

WHAT WILL I DO DURING THE 90 DAYS?

The immersion program divides your training across 90 days. You will receive a checklist that outlines everything you'll accomplish day-by-day during your first week, then weekly accomplishments for the remainder of the program.

Some of the to-dos include:

- → Meeting the team
- → Reviewing safety guidelines
- → Introduction to employee tools
- → Setting your goals
- → Getting to know the Infinity culture (including our company newsletter and employee programs)
- → Chart audits with your director

WHAT OUR EMPLOYEES SAY

The 90-day onboarding process helped me to coordinate with my DOR to meet goals effectively and fulfill job expectations with clear guidelines."

I feel the immersion program helped me to understand Infinity's values, mission, vision, and how I as a therapist could help support the organization's goals."

HOW DO I START?

Your director of rehab will help you begin from day one! Your checklist outlines what you'll do over the next 90 days to become immersed at **Infinity Rehab**. Don't worry, your DOR will help you go at your own pace!

Please reach out to your DOR with any questions about the program or your new role. We're happy to have you on our **Infinity Rehab** team!



















COURTNEY ANDERSON,

a COTA in the Portland, Oregon area, shares her onboarding experience.

- → Courtney had a positive experience in our student program, which prompted her to start her therapy career with **Infinity Rehab**
- → She felt welcomed into a supportive environment when first hired
- → Our new hire mentorship program gave her training and knowledge, as well as the ability to ask questions
- → Her mentor also introduced her to documentation systems and treatment approaches



READ THE FULL TESTIMONIAL















A CAREER BASED AROUND PEOPLE, CONNECTIONS, AND RELATIONSHIPS



We are committed to cultivating a culture of inclusion by fostering innovation and encouraging diversity of thought and experience."



Infinity Rehab is committed to creating a workplace where every employee feels that they belong. The quality of our care is at its best when team members' perspectives, experiences and ways of thinking are integrated to create an environment of inclusivity.













INFINITY REHAB CLINICAL MODEL

INTENSITY

Gait Speed Training

High-Intensity Resistance Training

High-Intensity Stepping

Dynamic Balance Training

Total Joint Protocol

Cardiac Guidelines

Dual Task Training

More Movement Matters

Tailored to Patient Condition

SELF-MANAGEMENT

Self-Efficacy for Daily Activities

Involvement with

Linking Goals to Effort

Medication Management

Zone Tools

Health Literacy

Disease Self-Management

Rating Participation

Fatigue Management

PREVENTION & WELLNESS

Doing What Matters

Engaging with Others

Maintaining Function to Do What Matters

Managing Cognitive Health

Managing Mental Health

Maximizing Participation

Medication Management & Review

Promoting Well-Being

TAILORED TO COGNITIVE NEED

Spaced Retrieval

Errorless Learning

Chaining Technique

Motor Repetition

Reminiscence Therapy

Montessori Programming

Reality Orientation

Cuing Systems

Visuo-Spatio-Motor Strategies

Managing Cognitive Malaise

At **Infinity Rehab**, we are committed to ensuring that our patients receive the benefit of care for which there is substantive external evidence. With an estimated 12 to 17-year gap between the availability of best evidence in healthcare and its systematic implementation, we are closing the gap by investing the time and resources in a myriad of ways.

We've standardized outcome assessment; searched the literature for best evidence for older adults; packaged the external evidence in collections of training, knowledge tools, and other knowledge translation supports; studied our patient data; and blended it all into a comprehensive evidence-based model for rehabilitation care. Each element of the model is described in the following.















[INTENSITY]

- → A summary finding from rehabilitation science is that intensity matters.

 Intensity relates not to the minutes of care but the **patient's effort** during care.

 Evidence shows that older adults can do much more than people think they can.
- → Our focus is to target the highest level of intensity of care that is safe for the patient. This is a moderate or vigorous training zone for most patients using either heart rate for aerobic activity or biomechanical failure for skeletal muscle training.
- → Gait speed training, high-intensity resistance training, and balance training are elements of the model that are standards of care for all patients. In addition, high-intensity stepping and dual-task training are used for appropriate patients and require advanced training or equipment.
- → Specialized programs for patients with total joint replacements and cardiac conditions are used to meet these patients' additional and specific needs.

[SELF-MANAGEMENT]

- → Our Patient Self-Management Initiative consists of a collection of interventions designed to increase the patient's active engagement and skill with disease self-management. The program includes hallmarks of care such as:
 - Selection of goals and linkage of therapy intervention to goals.
 - Teach-back related to linking effort in therapy to achieving goals and behaviors associated with high levels of participation/engagement.
 - Building medication management into a routine and ensuring necessary skills or replacement strategies for managing medications.
 - Disease self-management strategies such as zone tools and a health journal.
 - Rating participation to assist those who are struggling with active engagement.













[PREVENTION & WELLNESS]

- → Promote, prevent, and sustain physically, cognitively, spiritually, and mentally.
- → Maximize mobility and mentation so that older adults can do what matters to them.
- → Boost well-being and mental and cognitive health. 🏻

[TAILORING CARE TO COGNITIVE NEED]

- → Concern about cognitive impairment in older adults cannot be understated. An estimated 5.1 million Americans aged 65 years or older may currently have Alzheimer's disease; this number may rise to 13.2 million by 2050.
- → The cognitive capacity of our patients is quite variable, which requires specialized skills in measuring cognitive ability, determining a prognosis for improvement, and selecting strategies that can promote maximal functional performance and skill-building in other possible areas.
- → Our focus is on behavioral intervention, both direct and indirect, to offer strategies and support to patients and their friends, family members, and caregivers.

















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